

HOST COALITION QUARTERLY

JANUARY 2017 – MARCH 2017



New Report Examines Impact of State Policy on Promoting Healthy Eating and Physical Activity

A [recent report](#) from RTI International examines the emerging trend of using state policy to improve implementation of the NAA HEPA Standards in OST programs.

Tips from 7 Experts on School - Community Collaboration

In this [article](#), each expert provides a unique perspective on why school-community collaborations are essential and how to construct successful partnerships.

Do you know an organization that would make a great addition to the HOST Coalition? If so, send them our [New Member Request Form!](#)

HOST Coalition Members,

Welcome to the first edition of the *HOST Coalition Quarterly!* This newsletter is disseminated help keep members up-to-date on all the fantastic work being done by organizations within the Coalition. If you have something you would like to include here, [please share](#). Enjoy!

HOST COALITION 101

The vision for this national coalition of leaders in the OST field is to foster health and well-being practices in afterschool programs nationwide, using science-based standards for healthy eating, physical activity, screen time, and social supports for these behaviors including staff, family and youth engagement.



Convened Healthy Out-of-School Time (HOST) Coalition



Begins supporting HEPA standards development, dissemination, and research



HOST Coalition submitted standards to the National AfterSchool Association and standards were adopted and named the NAA HEPA Standards



COUNCIL ON ACCREDITATION



BOY & GIRLS CLUBS OF AMERICA



Feel free to use this graphic for promotion of the Coalition

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#NAA17

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MARCH 19-22, 2017 | DALLAS, TX | #NAA17

HOST COALITION WORKING GROUPS

In order to advance our work in creating healthy out-of-school time settings, the HOST coalition also has three working groups. If you currently are not a part of a working group and would like to be, please [send an email](#).

- **Advocacy & Policy** - Develop strategies to move the HOST work forward at the federal, state, and local levels by encouraging HEPA Standard implementation through mechanisms such as licensing, regulation, and/or organizational policy change.
- **Research & Evaluation** - Determine the HOST research efforts underway and gaps in the information needed to monitor HEPA Standards uptake (awareness and implementation) and impact.
- **Technical Assistance & Implementation** - Monitor the needs of OST providers in terms of resources and support to implement the HEPA Standards (organizational policies and practices) including webinars, trainings, coaching, professional development opportunities, and connect providers with the resources that are currently available or collaboratively create those that do not currently exist.

RESOURCES

[NRPA's Foods of the Month](#)

[NRPA's OST Food Waste Reduction](#)

[Let's Move! Active Schools Interactive Resource Infographic](#)

[Shared Use Resolution](#)
use the link to sign the resolution

HOST NEWS

National CACFP Week is March 12-18, 2017! Check out [these resources](#) for promotion ideas.

Three YMCA alliances (Massachusetts, South Carolina, Texas) received grants for 2016-17 from the American Heart Association/Voices for Healthy Kids to support the Healthy Out-of-School and Early Learning campaign and adoption of the HEPA policy lever.

NRPA is celebrating the 3-year anniversary of their Commit to Health Initiative! Over 1,250 park and recreation sites are implementing the HEPA standards, influencing over 228,000 youth with increased access to healthy foods and increased opportunities to be physically active. Check out their video [here](#).

For more success stories around HOST, check out NIOST's [HEPA Roundup!](#)

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